

Spring 2018



Choose our **daily packed lunch** with a sandwich or roll with a range of fillings, healthy snack, home baked cake and piece of fruit.



1st Jan, 22nd Jan, 12th Feb, 5th March, 26th March 2018

WEEK 1	
Monday	Tuesday
<ul style="list-style-type: none"> ▲ Sausage and Mash with Gravy ✓ Sweet Potato and Chickpea Curry with Wholegrain Rice Fruity Ice Cream Sundae 	<ul style="list-style-type: none"> ▲ Pizza Day ✓ Choose from a range of toppings Fruit Tart with Vanilla Custard
Wednesday	Thursday
<ul style="list-style-type: none"> ▲ Roast Pork with Apple Sauce, Gravy and Potatoes ✓ Cheese and Tomato Bake with Potatoes Berry Cheesecake 	<ul style="list-style-type: none"> ▲ Chicken in a White Sauce with Wholegrain Rice ✓ Macaroni Cheese with Herby Bread Carrot Cake
Friday	
<ul style="list-style-type: none"> Bothered Fish with Chips ✓ Homemade Vegetable Burger with Chips and Tomato Sauce Chocolate and Beetroot Brownie 	

8th Jan, 29th Jan, 19th Feb, 12th March 2018

WEEK 2	
Monday	Tuesday
<ul style="list-style-type: none"> All Day Breakfast ✓ Pork or Quorn Sausage, Bacon, Hash Brown, Tomato and Baked Beans Chocolate Shortbread Biscuit with Fruit Slices 	<ul style="list-style-type: none"> ▲ Cottage Pie and Gravy ✓ Cheesy Vegetable and Tomato Pasta Bake Toffee Apple Crumble and Custard
Wednesday	Thursday
<ul style="list-style-type: none"> Roast Chicken with Stuffing, Gravy and Potatoes ✓ Shepherdess Hotpot and Gravy Iced Fruit Sponge 	<ul style="list-style-type: none"> ▲ Spagheffi Bolognese with Wholemeal Pasta ✓ Cauliflower Cheese Berry and Jelly Chill
Friday	
<ul style="list-style-type: none"> Fish Fingers and Chips ✓ Curried Vegetable Plait Chocolate Krispie 	

15th Jan, 5th Feb, 26th Feb, 19th March 2018

WEEK 3	
Monday	Tuesday
<ul style="list-style-type: none"> Chicken and Roasted Vegetable Pasta Bake ✓ Baked Bean and Cheese Wrap Strawberry Mousse 	<ul style="list-style-type: none"> ▲ Beef Burger in a Bun with Oven Baked Wedges ✓ Roasted Vegetable, and Bean Chili with Wholegrain Rice Fruit Crumble and Custard
Wednesday	Thursday
<ul style="list-style-type: none"> Roast Gammon with Pineapple, Gravy and Potatoes ✓ Quorn Roast with Gravy and Potatoes Sultana and Oat Cookie 	<ul style="list-style-type: none"> ▲ Minced Beef and Onion Slice with Mash ✓ Veggie Bolognese with Wholemeal Pasta Fruit Jelly with Ice Cream
Friday	
<ul style="list-style-type: none"> Salmon Fish Fingers and Chips ✓ Cheese and Tomato Pinwheel with Chips Chocolate Crunch 	

Option 1

We offer **seasonal vegetables, yoghurt bread, yoghurt and fruit dolly**. (allergy information is available)

Served Daily

A baked jacket potato with a choice of toppings



Aspens

Meat
Veggie
Jacket Potato
Packed Lunch

BUBBLE