



ST. PATRICK'S CATHOLIC VOLUNTARY ACADEMY.

Coronation Avenue, Wilford, Nottingham NG11 7AB

☎ 0115 9152961 Fax 0115 9152962

Email: admin@st-patricks.nottingham.sch.uk

Website: www.st-patricks.nottingham.sch.uk



Headteacher: Mrs T Lane

16th July 2018

Relationships and Sex Education

Dear Parents,

This week on Thursday morning we will be delivering our annual Relationships and Sex Education lesson to the year 4, 5 & 6 pupils. The session will be delivered by Mrs Slight and I and we will be covering topics such as the changes the children's bodies go through as they get older, emotional changes, the importance of personal hygiene and the girls will have a separate talk explaining how periods occur. We are also hoping to be able to cover with the boys the importance of and how to check themselves correctly. We will be stressing the importance of secure, committed loving relationships in adulthood with the children.

We will be using some of the channel 4 video 'All About Us: Living and Growing'. This will be available for you to see on Tuesday morning at 9am in school.

As a parent you have a right to withdraw your child from these sessions however it would be beneficial for all the children to hear the same message together to avoid 'playground whispers' and mixed messages. Should you wish to withdraw your child please inform Mrs Harrison in the office before Thursday morning.

Yours sincerely,

Mrs T Lane
Headteacher