



GIVE HELP

DONATE FOOD

Our foodbank relies on goodwill and support.

Over 90% of the food distributed by foodbanks in [The Trussell Trust](#) network is donated by the public – that's why your food donations are absolutely vital to our ability to give everyone referred to us a balanced and nutritious three day supply of food.

Our shopping list shows the food items that we need right now.

- Tea
- Coffee
- Long life milk
- Long life fruit juice
- Tinned meat
- Tinned sponge puddings
- Tinned custard
- Rice
- Tinned tomatoes
- Custard
- Tinned rice pudding
- Tinned spaghetti
- Boxes of cereal