



ST. PATRICK'S CATHOLIC VOLUNTARY ACADEMY.

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**OUR LADY
OF LOURDES**

CATHOLIC MULTI-ACADEMY TRUST

St Patrick's
Catholic Voluntary Academy

Headteacher: Mrs J Cannell

19th June 2026

RE: Products that do/may contain nuts

Dear Parents and Carers,

The health, safety and wellbeing of all pupils and staff are our highest priorities at St Patrick's. We are writing to remind all families that we are a **nut-aware school** and take all reasonable steps to minimise the risks associated with severe nut allergies within our setting.

We have pupils and staff members in school who have significant nut allergies. These allergies can present in different ways and reactions may occur through:

- **Ingestion** – eating food that contains nuts or traces of nuts;
- **Skin-to-skin contact** – touching products or surfaces contaminated with nuts;
- **Airborne exposure** – breathing in nut particles in certain circumstances.

For some individuals, exposure can lead to a severe and potentially life-threatening allergic reaction.

As a school, we have a legal responsibility under the **Health and Safety at Work Act 1974** to take reasonable steps to protect pupils, staff and visitors from harm. As part of this duty, we do not allow products that **contain nuts or may contain nuts** to be brought into school. This includes products with precautionary allergen warnings, such as *"may contain nuts"* or *"not suitable for those with a nut allergy"*.

We appreciate that these warnings can sometimes appear on products that do not contain nuts as an ingredient. However, due to the severity of the allergies present within our school community and the different ways in which reactions can occur, we have a zero tolerance for all such products as we seek to safeguard everyone in our care.

We kindly ask all parents and carers to support us by:

- Checking food labels carefully before sending snacks or packed lunches into school;
- Do not send into school any products that contain nuts or carry a precautionary nut warning;
- Speaking to the school if you are unsure whether an item is suitable.

By working together, we can ensure that all children are able to attend school and access every aspect of our setting safely and confidently.

We appreciate your understanding and cooperation in helping us maintain a safe and inclusive environment for everyone.

Yours sincerely,

Mrs Cannell

Acting Headteacher