

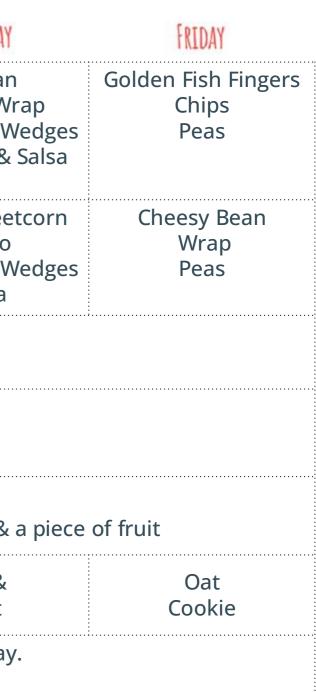




## LUN(H NU WEEK 1

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
	Main Event	Beef Bolognese Whole Grain Pasta Green Salad	Bangers & Mash Green Beans	Roast Chicken & Stuffing Roasties Fresh Veg & Gravy	Mexican Chicken Wr Oven Baked W Sweetcorn &	
MEET-FIRE MAGIE	MEAT-FREE MAGIC	Veggy Bolognese Whole Grain Pasta Green Salad	Veggie Bangers & Mash Green Beans	Cheese & Tomato Quiche Roasties Fresh Veg	Bean & Sweet Burrito Oven Baked W Salsa	
	PASTA TWIRLER	Hot Tomato Pasta with or without grated cheese				
THE BIG	BIG TOPPING	<b>Crispy Skin Jackets</b> with Tasty Toppings				
Pitk Mit	PICK AND MIX	<b>Pick &amp; Mix Packed Lunch</b> Freshly filled sandwich or roll, healthy snack, home bake dessert & a				
	DESSERT TROLLEY	Pineapple sponge cake	Carrot Cake	Marble Sponge Cake	Jelly & Fruit	
		Fresh fruit and yoghurt and bread available every day				

Spring / Summer 2023 : 20/2, 13/3, 3/4, 24/4, 15/5, 5/6, 26/6, 17/7





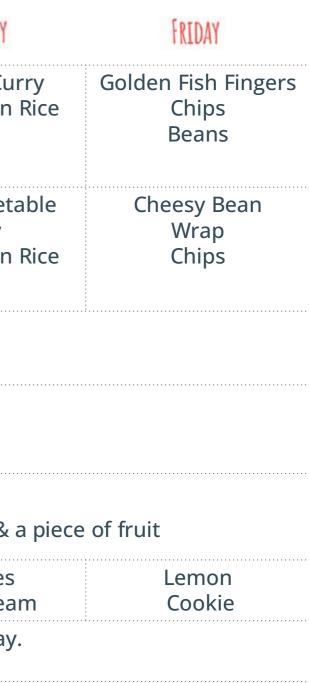


LUNCH WEEK 2 MENU

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
	MAIN EVENT	Margherita Pizza Mixed Salad	Beef Burger in a Bun Wedges Sweetcorn	Roast Gammon Roasties Fresh Veg & Gravy	Chicken Cui Whole Grain Peas	
MEAT-FREE MAGE	MEAT-FREE MAGIC	Mac n Cheese Mixed Salad	Veggie Burger in a Bun Wedges Sweetcorn	Quorn Roast Roasties Fresh Veg & Gravy	Sweet Vegeta Curry Whole Grain Peas	
	PASTA TWIRLER	Hot Tomato Pasta with or without grated cheese				
THE BIG TOPPING	BIG TOPPING	Crispy Skin Jackets with Tasty Toppings				
FICK AND SHORE	PICK AND MIX	<b>Pick &amp; Mix Packed Lunch</b> Freshly filled sandwich or roll, healthy snack, home bake dessert & a				
	DESSERT TROLLEY	Apple Sponge cake	Vanilla Cup Cake	Chocolate Brownie	Peaches & lce Crea	
		Fresh fruit and yoghurt and bread available every day.				



Spring / Summer 2023 :27/2, 20/3, 10/4, 1/5, 22/5, 12/6, 3/7, 24/7









Spring / Summer 2023: 6/3, 27/3, 17/4, 8/5, 29/5, 19/6, 10/7, 31/7

## MFNU LUNCH WEEK 3

TUESDAY









**BIG TOPPING** 

MEAT-FREE MAGIC

PICK AND MIX

**DESSERT TROLLEY** 

Cheese & Tomato Baguette Pizza Sweetcorn	All Day Breakfast Sausage, Hash Brown, Beans & Tomatoes	Roast Chicken & Stuffing Roasties Fresh Veg & Gravy	Sweet & So Chicken Whole Grain Peas
Cheese & Tomato Baguette Pizza Sweetcorn	All Day Breakfast Sausage, Hash Brown, Beans, Tomatoes & ½ slice of bread	Carrot & Stuffing Pastry Plait Roasties Fresh Veg & Gravy	Sweet & So Vegetable Whole Grain Peas
	with	Hot Tomato Pasta or without grated che	eese
		<b>Crispy Skin Jackets</b> with Tasty Toppings	
Freshly		<b>ck &amp; Mix Packed Lund</b> healthy snack, home	

Banoffee Dessert

MONDAY

Vanilla Sprinkle Sponge

**Citrus Rice Crispie** Cake

WEDNESDAY

Apple Sponge Cake

Fresh fruit and yoghurt and bread available every day.

