

Pope Francis' Prayer Intention for March 2022: We pray for Christians facing new bio-ethical challenges; may they continue to defend the dignity of all human life with prayer and action.

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Lenten Devotionals—Live Lent Gracefully at both Churches During Lent

Lectio Divina begins this Tuesday, 8th March 2022 & every Tuesday in Lent at 7.00 pm at CC and on Saturday, 5th March & every Saturday in Lent at OLSP at 10.30 am

Way of the Cross begins this Saturday, 5th March 2022 & every Saturday in Lent at 5.15 pm at CC and this Sunday, 6th March & every Sunday in Lent at 8.30 am at OLSP

METANOIA – Reflective Evenings begin this Wednesday, 9th March 2022 & every Wednesday for 10 weeks at 7.30 pm at CC. In the Gospel of Mark, the first words of Jesus are an invitation to metanoia, to repent, to change, to be converted. The series is beautifully filmed on location in the Holy Land, highlighting sacred places such as the Sea of Galilee, the River Jordan, the desert of Temptations, and many of the holy sites in Jerusalem.

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Catholics in Health and Social Care are invited to three events on ethics and practice in health and social care, hosted by Saint Mary's University, the Anscombe Centre, and the Bios Centre. The events will consider the challenges of assisted dying, the care of the dying and questions of conscientious objection in the workplace, and will be held in Edinburgh (19 th March), London (2 nd April) and by zoom (14 th May). For further information email marianne.rozario@stmmarys.ac.uk.

Faith in politics: Calling all recent or soon-to-be Catholic Graduates!

Applications are now open (until 17th March) for the **Faith in Politics** internship. For the Catholic Bishops' Conference Parliamentary Internship Scheme, For more information and to apply, check out their website: faithinpolitics.org.uk.

Men's Lenten Retreats – a retreat for men on 19th March (at the Briars in Crich. This men's retreat will be led by the Franciscan Friars of the Renewal and will take as its theme: 'Friendship with Christ & Friendship in Christ' exploring how we can grow in friendship and fraternity. Email adult.formation@dioceseofnottingham.uk for more information and to book your place.

Nottingham Diocese Lourdes Pilgrimage (Monday 4th until Friday 8th July) under the leadership of Bishop Patrick. Bookings are now open with full details on the Tangney Tours website: <https://www.tangney-tours.com/nottingham>, or for more details contact Father Simon Gillespie (simon.gillespie@dioceseofnottingham.uk)

CONFESSIONS: Available for confessions on Saturday 9.30 –10.00 am at OLSP and Saturdays at 5.15 –5.50 pm at CC .

Vacancy: English Martyrs' Catholic Voluntary Academy, Leicester are seeking to recruit a deputy headteacher. For further information please visit: www.aquinas-cmat.org/ vacancies Closing Date Friday 18th March 2022.

Amoris Laetitia Year of the Family: celebration of the Tenth World Meeting of Families which is planned to take place in Rome on 26th June 2022.



Parish Newsletter

2nd Week of Lent

13th March 2022

Corpus Christi, Southchurch Drive, Clifton and Our Lady & St Patrick's, Launder Street, The Meadows

Parish Priest: Fr Wilfred Pereppadan SCJ,
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Societas Presbyterorum
Sacratissimi Cordis Jesu
Betharram

Synod
2021
2023

For a synodal Church
communio | participatio | missio

Dear Brother and Sisters, I have come across a beautiful way of describing how to make A GOOD CONFESSION and I thought I shall share with you on this Sunday. Firstly I remind you that Confession is available in our parish: after weekday morning Mass, Saturday mornings, and on Saturday evenings and by appointment... Everyone in the parish will have had the opportunity to make their confession this Lent. And if you prefer to go elsewhere, to a priest you don't know, all have the chance to live in a state of grace by reason of there being so many churches in city of Nottingham, priests where the light is on for you. Here is a verse intended to help confessors teach penitents how to make a good confession: Let the confession be *simple, humble, pure, truthful And frequent, plain, discreet, free, modest, whole, secret, and tearful, prompt, brave, accusing, ready to do what you must.*

Simple Focused on admitting your sins, without a lot of extraneous material.

Humble Admitting with humility that you have sinned. **Pure** With an intention to please God, and receive his grace, rather than to appear holy to others, or for any other reason. **Truthful** Without lying about anything, or hiding anything that ought to be revealed. **Frequent** Going to confession at minimum once a year, when you have a grave sin on your conscience, and more often for spiritual growth. **Plain** Without a lot of extra words, or avoiding the point, or beating about the bush. **Discreet** Mentioning your sins only, and not bringing other people into the discussion; leaving others' shortcomings out of it. **Free** Confessions should never be made under compulsion. **Modest** Aware of your own shortcomings, and not trying to hide them or make yourself look better. **Whole** Mentioning all mortal sins by kind/type and number/how often.

Secret Done quietly so that others cannot overhear. **Tearful** With sorrow for your sins, not boasting about them or minimising them. **Prompt** Made as soon as possible if you have a mortal sin to confess, certainly before next receiving Holy Communion. **Brave** Without letting shame keep you from confessing.

Accusing Giving the facts clearly, not making excuses or offering unnecessary justifications. **Ready to do what you must** Reject sin, avoid the near occasions of sin, making any restitution or restoration that is required, and to do your penance. God Bless.

Fr. Wilfred Pereppadan SCJ.

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13th March 2022 - 20th March 2022	Holy Mass & Services Intention of Mass	Church	Other Events
Saturday 12th March 2nd Sunday of Lent Gen 15:5-12.17-18; Ph 3:17-4:1; Lk 9:28-36	5.15 pm Way of the Cross 5.30 pm Confessions 6.00 pm Mass: Margaret Boott RIP	CC CC CC	CAFOD Lenten Fast Day envelopes to be collected in.
Sunday 13th March 2nd Sunday of Lent Gen 15:5-12.17-18; Ph 3:17-4:1; Lk 9:28-36	8.30 am Way of the Cross 9.00 am Mass: Alfred Cox RIP FHC Session 5 after 9 am Mass 12.30 Baptism: Carter Anthony Cropper	OLSP OLSP OLSP CC	CAFOD Lenten Fast Day envelopes to be collected in. Coffee/tea after Mass at OLSP
Monday 14th March Lenten Feria	6.30 pm Adoration 7.00 pm Mass: Deceased Family & Friends of Love, Falloon, McQuaid & Williams Families	CC CC	
Tuesday 15th March Lenten Feria	9.00 am Mass: Deceased Members & Friends of Okafor Nebamoh Family?? 7.30 pm <i>Lectio Divina</i>	CC CC CC	CC 6 pm PPC Meeting
Wednesday 16th March Lenten Feria	9.30 am Adoration 10.00 am Mass: Andrew Skeparnides (Remembrance) 7.30 pm METANOIA 2nd of 10 Reflective Evenings	OLSP OLSP CC	Coffee/Tea for the Missions after Mass
Thursday 17th March Saint Patrick, Bishop, Patron of Ireland (Feast)	9.30 am Mass: People of the Parish Followed by Refreshments in the Hall	OLSP OLSP	7.00 pm RCIA Session at CC
Friday 18th March Saint Cyril of Jerusalem, bishop & doctor	9.00 am Mass: Deceased Members of Rychwalski, Parsons, Brown, Griffin & Whitt Families	CC	
Saturday 19th March Solemnity : St Joseph, 23rd Sunday of Lent Ex 3:1-8.13-15; 1 Cor 10:1-6.10-12; Lk 13:1-9	9.30 am Confessions 10.00 am Mass: Michael & Mary Leape 10.30 am Lectio Divina 5.15 pm Way of the Cross 5.15 pm Confessions 6.00 pm Mass: Shaun Wallace RIP	OLSP OLSP OLSP CC CC CC	
Sunday 20th March 3rd Sunday of Lent Ex 3:1-8.13-15; 1 Cor 10:1-6.10-12; Lk 13:1-9	8.30 am Way of the Cross 9.00 am Mass: Mike Connolly METANOIA - Episode 1 - OLSP 10.30 am Mass: People of the Parish	OLSP OLSP CC	Coffee/Tea after Mass at OLSP

Response: The Lord is my light and my help.

St Patrick's Day is this Thursday, 17th March: Mass will be celebrated at 9.30 am at Our Lady and St Patrick's Church in the Meadows. Let us welcome all who come to the celebration especially invited dignitaries to our parish. Refreshments will be available in the hall after Mass.

Support the Ukrainian Peoples: We have been horrified by the war in the Ukraine and the suffering they have endured in the past 2 weeks. Families affected by the conflict in Ukraine urgently need food, water and shelter. CAFOD is working closely with Caritas Ukraine, Caritas Poland and others, who are already there delivering practical help to those most in need. You can be part of the Church's response by giving to CAFOD's [Ukraine Humanitarian Appeal](https://cafod.org.uk/ukraine) at cafod.org.uk/ukraine. You can also donate locally to the Derby-based appeal, **#HelpUkraine**, managed by the Association of Ukrainians in Great Britain with the Church's support. Please also continue to pray for peace in Ukraine.

The 1st Holy Communion children at OLSP have their 5th Session in the Church after the 9.00 am Mass this Sunday.

The 1st episode of *Metanoia* will be shown at **OLSP Sunday, 20th March** after tea and coffee. The episode lasts 30 minutes, and second coffees will be available for drinking during the showing but bring your own popcorn!

CAFOD Lent Fast Day was on Friday, 11th March 2022. Envelopes should be handed in this weekend with your donation.

Corpus Christi Easter Egg Raffle: Donated eggs can be brought and put on the table at the back of Church. Raffle tickets will be sold for £1 a ticket, after Masses on the weekends of March 19th/20th. March 26th/27th and April 2nd/3rd. The Draw will take place week commencing 4th April and the lucky winners can pick up their prize on Palm Sunday April 9th/10th. Thank you for your support.

Pre-paid Funeral Plans: The regulations relating to pre-paid funeral plans are changing from July 2022. Providers must by then be registered with the Financial Conduct Authority (FCA). If they don't, they won't be able to sell or administer a funeral plan contract. If you have, or are thinking about buying, a pre-paid funeral contract, you need to check the provider's application status as you may need to take action or risk losing your money. If you have already bought a plan, the paperwork should tell you who is providing the service. Their status with the FCA can be checked on the FCA's website which can be reached through this link:

<https://www.fca.org.uk/consumers/funeral-plans>

Walsingham Young Adults' Pilgrimage (18-35s): £60 which includes lunch and dinner on Friday 10 th June, breakfast and lunch on Saturday 11th and accommodation on Friday night (a twin room in Dowry House). A full pilgrimage programme integrated with the diocesan schedule on Saturday 11 th June will be hosted. Places can be secured with a £30 deposit. Shared travel options are available. Register at: shorturl.at/cBOU1.