



St Patrick's
Catholic Voluntary Academy

ST. PATRICK'S CATHOLIC VOLUNTARY ACADEMY.

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**OUR LADY
OF LOURDES**

CATHOLIC MULTI-ACADEMY TRUST



Headteacher: Mrs T Lane

2nd November 2021

Dear Parents/Carers,

Our PHSE/ RSHE topic this half term is me, my body and my health. As part of this topic this half term we will be covering 'boys and girls' and beginning to name some of the body parts using correct biological terms. The lesson covering 'private parts' names is next Friday.

The terms we will use are penis, testicles, vulva, vagina and urethra. The topic will teach our children to keep themselves safe and know that private parts are private. In addition to this as part of our safeguarding teaching we will be delivering the NSPCC 'PANTS' programme across EYFS and KS1 next week. This is a programme designed to teach children, at an age appropriate level, that parts of their body covered by their underwear are private and provides them with the language and knowledge to keep themselves safe.

The resources for the campaign which include a booklet which helps parents to have simple conversations to help keep their child safe and is aimed at the parents of early years and primary school children, can be found at nspcc.org.uk/pants. For quick access to the booklet please follow the QR code below.



If you have any questions, please come and speak to me, or Mr Slight. Alternatively, see the PHSE/RHSE section of our website where there is a link to the 'parent portal' of Ten Ten Life to the Full which is the diocesan scheme we use.

Kind regards,

Miss H Lane

*PSHE = Personal, Social, Health Education

*RSHE = Relationship, Sex and Health Education