

ST. PATRICK'S CATHOLIC VOLUNTARY ACADEMY.

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THREAD WORMS

Dear Parents and Carers.

A parent has sensibly shared with us that their child has had threadworms recently. According to NHS information- threadworms are very common amongst children, easily spread and can be treated without seeing your GP.

If you suspect your child may have threadworms first check. They look like tiny white threads in the child's poo. You may also see them around your child's bottom (anus) they usually come out at night when your child is sleeping.

Symptoms include:

- extreme itching around the child's anus, particularly at night
- irritability and waking up during the night

Less common symptoms may include:

- weight loss
- wetting the bed
- irritated skin around the anus

A pharmacist can help with the treatment of threadworms

You can buy medicine for threadworms from pharmacies. This is usually a chewable tablet or liquid you swallow.

Treat **everyone** in your household, even if they do not have symptoms.

Tell the pharmacist if you need to treat a child under 2, or if you're pregnant or breastfeeding. Treatment might not be suitable and you may need to speak to a GP.

The medication kills the threadworms but not the eggs so strict hygiene rules are very important-

There is very clear guidance on how to prevent the spread and reoccurrence of threadworms on the NHS website: https://www.nhs.uk/conditions/Threadworms/

Kind regards,

Mrs T Lane Headteacher