

w/c 7th October, 28th October, 18th November, 9th December, 30th December, 20th January, 10th February

WEEK ONE

MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
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Main Event	Cheese and Tomato Pasta Bake v	All Day Breakfast ▲	Roast Chicken and Gravy with Mash ▲	Chicken Curry and Rice ▲	Cod Fish Fingers and Chips
	Penne pasta with the ultimate tomato sauce topped with cheese	Grilled sausage, egg, beans, tomato and hash brown	Chicken fillets with mash, stuffing and gravy	Marinated chicken thigh pieces in a buttery curry sauce with rice	MSC Pollock fish fingers with chips and peas
Vegetarian Section	Quorn Meatballs and Spaghetti v	Veggie All Day Breakfast v	Quorn Roast and Gravy with Mash v	Cauliflower and Lentil Jalfrezi and Rice v	Cheese and Bean Wrap and Chips v
	Quorn meatballs in a tasty tomato sauce with wholewheat spaghetti	Veggie sausage, egg, beans, tomato and hash brown	Quorn roast with mash, sage and onion stuffing and gravy	Lightly spiced cauliflower and lentil curry with rice	Half a wholewheat wrap stuffed with baked beans and cheese
Packed Lunch	Pick and Mix Deli – Freshly Filled Sandwich or Roll, Healthy Snack, Home Bake and Piece of Fruit ■				
Jacket Potatoes	Jacket Potato with Toppings ◆				
The Finale	Italian Crumble Cake	Winter Sponge	Fruity Loaf	New York Cheesecake	Lemon Cookie
	Crumble base filled with apples topped with even more crumble	Orange and cinnamon sponge with a twist!	Mixed dried fruit cake with soft brown sugar and cinnamon	Cheesecake with fruit topping	Zesty lemon cookie with juicy fruit

THEME DAYS

Trip to France

Italian Day Out

Try our Scottish Menu

We offer seasonal vegetables, bread, yoghurt and fruit daily. (allergy information is available)

w/c 14th October, 4th November, 25th November, 16th December, 6th January, 27th January, 17th February

WEEK TWO

MONDAY Authentic Italian

Cheese and Tomato Pizza

Pizza topped with tomato sauce and cheese

TUESDAY Family Faves

Beef Lasagne

Layers of pasta with minced beef and tomato sauce topped with cheese

WEDNESDAY Baking British

Sausage with Mash

Pork sausage with mash and gravy

THURSDAY Food Festival

Chicken Fajitas

Marinated chicken with sliced vegetables, rice and a wheat wrap

FRIDAY Fun Day

Golden Fish Fingers and Chips

MSC pollock fish fingers with chips

Main Event

Tomato and Roasted Veggie Risotto

Roasted peppers, courgettes and tomatoes with edamame beans and rice

Vegetable Lasagne

Layers of pasta with vegetables and tomato sauce topped with cheese

Quorn Sausage with Mash

Quorn sausage with Mash and gravy

Quorn Fajitas

Marinated Quorn with sliced vegetables, rice and a wheat wrap

Sticky Onion and Cheddar muffin and Chips

Sliced muffin with a caramelised onion and cheddar topping.

Vegetarian
Section

Packed Lunch

Pick and Mix Deli – Freshly Filled Sandwich or Roll,
Healthy Snack, Home Bake and Piece of Fruit

Jacket
Potatoes

Jacket Potato with Toppings

Tiramisu

Soft cheese and cream layers with sponge and cocoa

Winter Fruit Brulee

Dessert pot with berries, cream and yoghurt with a crunchy topping

Apple and Berry Crumble

Baked apples and berries topped with an oaty crumble

Mexican Chocolate Pudding

Chocolate and cinnamon flavoured sponge and sauce..

Ginger Cookie and Fruit Slices

Ginger Cookie with juicy fruit

The Finale

THEME
DAYS

Fairytale
Festival

Chinese
New Year

Pancake
Day

We offer seasonal
vegetables, bread,
yoghurt and
fruit daily.
(allergy information
is available)

▲ Meat

▼ Veggie

◆ Jacket Potato

■ Packed Lunch

w/c 21st October, 11th November, 2nd December, 23rd December, 13th January, 3rd February, 24th February

WEEK THREE

	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
Main Event	Macaroni Cheese v Baked cheesy pasta with a crunchy topping	Minced Beef Pie ▲ Minced beef and carrot pie with gravy and mash	Roast Chicken and Gravy with Roast Potatoes ▲ Chicken fillets with roast potatoes, sage and onion stuffing and gravy	Hot Dog and BBQ Beans ▲ Hot Dog sausage in a roll with BBQ flavoured beans	Golden Fish Fingers and Chips MSC pollock fish fingers with chips
Vegetarian Section	Quorn Bolognese v Quorn, vegetable and tomato sauce with spaghetti	Crispy Topped Vegetarian Pie v Crunchy vegetables in sauce with sliced potato topping	Quorn Roast and Gravy with Roast Potatoes v Quorn Roast with Roast potatoes, sage and onion stuffing and gravy	Veggie Dog and BBQ Beans v Veggie sausage in a roll with BBQ flavoured beans	Cheese & Tomato Pinwheel with Chips v Baked bread base with cheese and tomato filling with chips
Packed Lunch	Pick and Mix Deli – Freshly Filled Sandwich or Roll, Healthy Snack, Home Bake and Piece of Fruit ■				
Jacket Potatoes	Jacket Potato with Toppings ◆				
The Finale	Lemon Drizzle Flapjack Oaty flapjack topped with a lemon drizzle	Sticky Jam Cake Traditional sticky jam sponge with custard.	Fruity Rice Pudding Chilled rice pudding topped with berries	Vanilla and Blueberry Blondie Chewy, fruity traybake with vanilla and blueberries	Oatie Energy Cookie Oat Cookie with juicy fruit

THEME DAYS

Trip to Wales

Best of British

And lots more ...

We offer seasonal vegetables, bread, yoghurt and fruit daily.
(allergy information is available)