

w/c 7th October, 28th October, 18th November, 9th December, 30th December, 20th January, 10th February

WEEK ONE

MONDAY Authentic Italian

TUESDAY Family Faves

WEDNESDAY Baking British

THURSDAY Food Festival

FRIDAY Fun Day

**Cheese and Tomato
Pasta Bake** v

Penne pasta with the ultimate tomato sauce topped with cheese

**All Day
Breakfast** ▲

Grilled sausage, egg, beans, tomato and hash brown

**Roast Chicken
and Gravy with
Mash** ▲

Chicken fillets with mash, stuffing and gravy

**Chicken Curry
and Rice** ▲

Marinated chicken thigh pieces in a buttery curry sauce with rice

**Cod Fish Fingers and
Chips**

MSC Pollock fish fingers with chips and peas

**Quorn Meatballs
and Spaghetti** v

Quorn meat balls in a tasty tomato sauce with wholewheat spaghetti

**Veggie All Day
Breakfast** v

Veggie sausage, egg, beans, tomato and hash brown

**Quorn Roast and
Gravy with Mash** v

Quorn roast with mash, sage and onion stuffing and gravy

**Vegetable curry
and Rice** v

Lightly spiced vegetable curry with rice

**Cheese and Bean
Wrap and Chips** v

Half a whole wheat wrap stuffed with baked beans and cheese

**Pick and Mix Deli – Freshly Filled Sandwich or Roll,
Healthy Snack, Home Bake and Piece of Fruit** ■

Jacket Potato with Toppings ◆

**Italian Crumble
Cake**

Crumble base filled with apples topped with even more crumble

**Winter
Sponge**

Orange and cinnamon sponge with a twist!

**Fruity
flapjack**

apricots & sultanas with oats & honey

**Cheesecake
Delight**

Cheesecake with fruit topping

**Lemon
Cookie**

Zesty lemon cookie with juicy fruit

THEME
DAYS

Trip to
France

Italian Day
Out

Try our
Scottish
Menu

We offer seasonal vegetables, bread, yoghurt and fruit daily.
(allergy information is available)

Main
Event

Vegetarian
Section

Packed Lunch

Jacket
Potatoes

The Finale

w/c 14th October, 4th November, 25th November, 16th December, 6th January, 27th January, 17th February

WEEK TWO

MONDAY Authentic Italian

Cheese and Tomato Pizza

Pizza topped with tomato sauce and cheese

TUESDAY Family Faves

Beef Lasagne

Layers of pasta with minced beef and tomato sauce topped with cheese

WEDNESDAY Baking British

Sausage with Mash

Pork sausage with mash and gravy

THURSDAY Food Festival

Chicken Fajitas

Marinated chicken with sliced vegetables, rice and a wheat wrap

FRIDAY Fun Day

Golden Fish Fingers and Chips

MSC pollock fish fingers with chips

Main Event

Cauliflower Cheese

Fresh Cauliflower baked in a cheese sauce

Vegetable Lasagne

Layers of pasta with vegetables and tomato sauce topped with cheese

Quorn Sausage with Mash

Quorn sausage with Mash and gravy

Quorn Fajitas

Marinated Quorn with sliced vegetables, rice and a wheat wrap

Sticky Onion and Cheddar muffin and Chips

Sliced muffin with a caramelised onion and cheddar topping.

Vegetarian
Section

Packed Lunch

Jacket Potatoes

Pick and Mix Deli – Freshly Filled Sandwich or Roll,
Healthy Snack, Home Bake and Piece of Fruit

Jacket Potato with Toppings

Chocolate pot

Chocolate mousse topped with a crunchy topping

Apple Crumble

Traditional apple crumble served with custard

Strawberry Delight

Dessert pot with strawberry mousse and a crunchy topping

Chocolate Pudding

Chocolate and cinnamon flavoured sponge and sauce..

Ginger Cookie and Fruit Slices

Ginger Cookie with juicy fruit

The Finale

THEME
DAYS

Fairytale
Festival

Chinese
New Year

Pancake
Day

We offer seasonal
vegetables, bread,
yoghurt and
fruit daily.
(allergy information
is available)

w/c 21st October, 11th November, 2nd December, 23rd December, 13th January, 3rd February, 24th February

WEEK THREE

MONDAY Authentic Italian

Macaroni Cheese

Baked cheesy pasta with a crunchy topping

Quorn Bolognese

Quorn, vegetable and tomato sauce with spaghetti

Lemon Drizzle Flapjack

flapjack topped with a lemon drizzle

TUESDAY Family Faves

Minced Beef with stars

Minced beef and carrot pie with gravy and mash

Crispy Topped Vegetarian Pie

Crunchy vegetables in sauce with sliced potato topping

Sticky Jam Cake

Traditional sticky jam sponge with custard.

WEDNESDAY Baking British

Roast Chicken and Gravy with Roast Potatoes

Chicken fillets with roast potatoes, sage and onion stuffing and gravy

Quorn Roast and Gravy with Roast Potatoes

Quorn Roast with Roast potatoes, sage and onion stuffing and gravy

Vanilla and blueberry Blondie

Sponge tray bake with blueberries

THURSDAY Food Festival

Hot Dog and BBQ Beans

Hot Dog sausage in a roll with BBQ flavoured beans

Veggie Dog and BBQ Beans

Veggie sausage in a roll with BBQ flavoured beans

Bananas and custard

Hot custard with sliced banana

FRIDAY Fun Day

Golden Fish Fingers and Chips

MSC pollock fish fingers with chips

Cheese & Tomato Pinwheel with Chips

Baked bread base with cheese and tomato filling with chips

Oat Energy Cookie

Oat Cookie with juicy fruit

Main
Event

Vegetarian
Section

Packed Lunch

Jacket
Potatoes

The Finale

THEME
DAYS

Trip to
Wales

Best of
British

And lots
more ...

We offer seasonal
vegetables, bread,
yoghurt and
fruit daily.
(allergy information
is available)