



**ST. PATRICK'S CATHOLIC VOLUNTARY ACADEMY.**

Coronation Avenue, Wilford, Nottingham NG11 7AB

☎ 0115 9152961 Fax 0115 9152962

Email: [admin@st-patricks.nottingham.sch.uk](mailto:admin@st-patricks.nottingham.sch.uk)

Website: [www.st-patricks.nottingham.sch.uk](http://www.st-patricks.nottingham.sch.uk)



Headteacher: Mrs T Lane

**University of Nottingham Sports and Nutrition Discovery Day**

Thursday 28<sup>th</sup> November 2019

Dear parents and carers,

In preparation for Friday's trip the University of Nottingham, the children will need to wear appropriate sports clothing. We will be using the new facilities at the state of the art David Ross Sports Village on the university campus and participating in dodgeball, aikido and korfbal activities. As there is no time to change into sports clothing on the trip, the children will need to arrive at school dressed appropriately for the day.

Please can you ensure that your child is wearing the following when they arrive at school on Friday morning:

- School PE top (white t-shirt or polo shirt);
- School PE shorts (green);
- Tracksuit bottoms;
- Green school sweatshirt;
- Sports trainers (must be suitable for walking outside – not pumps);
- A warm coat.

The children will be able to remove their tracksuit bottoms, sweatshirt and coat in the afternoon when we are timetabled to use the sports facilities. For the rest of the day, they will be wearing their tracksuit bottoms, coat and sweatshirt to stay warm as we will be outside a lot of the time.

The children will also be learning about healthy eating and have the chance to sample some food. Please ensure we are aware of any food intolerances or allergies.

Your child will also need to bring a packed lunch (no glass bottles or fizzy drinks). However, if your child is eligible for free school meals, a packed lunch will be provided by the School but you will need to provide them with a drink.

To enable us to arrive at the University on time, **please ensure that your child is in school for 08:30am at the latest**, as we will be departing shortly afterwards to catch the tram from Wilford Village tram stop.

Kind Regards,

Mr King  
Year 3 Teacher

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